

CONTACT No. 342 September 2021

Wallington United Reformed Church

Dear Friends,

As I may have mentioned before, one of my favourite television programmes is The Repair Shop. In the programme a group of expert restorers from different disciplines are presented with a beloved object that has deteriorated over time or because of accident, and the programme shows what they manage to do with it. The team always ask what the owner would like them to do with the object, seeking to understand whether they want it to look 'as good as new' or, as is usually the case, being sympathetically restored showing the life that has been lived.

There are experts in many skills including working with wood, metal, ceramics, fabrics, leather and clocks. However there is one skill that is not present in The Repair Shop. As far as I know they have no one skilled in the art of Kintsugi.

Kintsugi is the Japanese art of repairing broken pottery by mending the breakage with lacquer dusted or mixed with gold and it treats the breakage and repair as part of the history of an object rather than something to disguise. In fact, by the use of gold, it makes the object more valuable.

The media and commentators are quick to criticise those in the public eye for failings and foibles, even when committed many years before. Whilst I agree that we should all be accountable for the things we say and do, we need to be wary of expecting perfection from others. Duolingo (an app on my phone which is, allegedly, helping to improve my Greek) reminds me from time to time that we are not seeking perfection but rather progression. We are all 'a work in progress' and whilst that helps us to not be overly critical of ourselves it should also remind us to treat others gently. None of us is perfect and none of us is without damage but the amazing good news of the Gospel is that does not make us less valuable to God, nor should it make us less valuable to others.

Kintsugi highlights the breakages and makes them a cause for

celebration and wonder. The mis-steps and stumblings in our lives are the opportunities to recognise where we have something to learn about ourselves, others and our world. Hopefully we discover something that moves us further in our journey to be more Christ-like – we are not perfect but we are making progress. As the Canadian singer-songwriter, Leonard Cohen, puts it 'There is a crack in everything; that's how the light gets in.'

Let's remember that we are not perfect, nor are those around us, and see that as an opportunity for growth not a reason to be harsh with ourselves or others.



Kintsugi Hope

In a recent copy of our 'Contact' magazine there was a report from the Sutton Schools Christian Workers. There was a reference to the fact that Greenshaw High School had re-made contact with the workers and that the school had contemplated introducing Kintsugi Hope.

Intrigued by what Kintsugi Hope meant, I began researching. I found that Kintsugi is a 400 year old Japanese craft - basically mending broken pots with golden glue so that the end result is more precious than the original.

Kintsugi Hope was founded by Patrick Regan and his wife, Diane, when they both reached rock-bottom in their lives physically, emotionally, mentally and spiritually.

Patrick described what led him to start Kintsugi Hope:-

"Following a series of life-changing events, including a lot of surgery, life became increasingly overwhelming. This had an impact on my emotional and mental health. I ended up suffering from anxiety and depression. I felt broken and filled with shame. However, when I opened up and shared my brokenness I found I wasn't alone, I learnt that being honest about my struggles not only helped me but also opened the door for many others to be honest too. It was so much easier facing difficult situations with others than on your own.

I then discovered Kintsugi - the Japanese art of mending broken pots with golden glue. The gold makes a feature of the cracks instead of hiding them. All of us have broken pieces, but instead of hiding them we can learn from them. We can discover treasure in our own scars."

Kintsugi Hope is a registered mental Health Charity. Its vision is of a world where mental and emotional health is understood and accepted with safe and supportive communities for everyone to grow and flourish.

Kathleen

Our Wider Community

We are now reaching the end of August when the pupils in some schools in different parts of the country have already returned to the classroom.

With the start of the new school year most students are moving on, either to a new class, maybe a new school, or moving on to the next important stage of their education, going on into 6th form, or university.

We send prayers to all those who received their exam results this summer, and offer our prayerful support as they make serious decisions about their next stage.

We have been able to enjoy many sports over the last few months, not least the Olympics, and now the Paralympics take centre stage. May the competitors feel loved, supported and valued as they now show the world their achievements.

We continue to uphold all who are unwell, handicapped, disabled, anxious or concerned for loved ones, and those who are housebound or have any difficulties at this time.

May God grant you his peace.

If you have any news of the church family to bring us up to date please contact Alan. 020 8274 2136

Or Email: pastoral@wurc.org.uk

Names will only be shared in the version of Contact which goes to our usual fellowship and not put into the version posted on our website.

Eileen Marshall

29th July 1926 - 11th June 2021

The world into which Eileen arrived From 1926 was sweet There were few cars around about her She played safely in the street. When in her teens the Second World War Transformed her settled scene As her grammar school evacuated To Windsor... safe and green.

Meanwhile in Clapham...

Eileen and her family Decided they would stay Until the bombs blitzed in September And on the 7th dropped their way. 19 gathered in her house that night They'd come from church nearby The bombs fell rather close to home So they decided by the by...

To go to Cheltenham...

To go to her Grandma's Sister's home And in Cheltenham they stayed Until things got much better And they were less afraid.

Meanwhile back in Clapham...

Their garden had a UXB Which sank beneath the soil The bomb squad came upon the scene And so began their toil. Together with some miners Who propped up tunnels with their gear They diffused the situation And helped allay the fear. Eileen was reunited with her father Who'd remained in their Clapham home By the third week of December They were together not alone.

A move into Carshalton Would soon follow suit And a new school then awaited Where her studies would bear fruit. She attended Wallington Girls School Where she concentrated well Where the future was to take her Only life could tell.

She went onto Pitmans College Studied book-keeping, typing too With shorthand an extra asset This is what would see her through.

Then in 1946 ...

She started working in accounts At the college where she'd been Transferred her skills to the CID To join the office team. For fourteen years in Wallington In this office she resided Coped with all the paperwork Until she then decided...

To try her hand at Technical Teacher Training after 14 years with the Police...

From Garnett College then to Barnet Further education was her goal She rose to senior lecturer Embraced it heart and soul. There she remained till '81 When it was that she retired At 55 she decided that her teaching days Really had expired. With the onset of computers And the new technology She felt it might be better To step back and so be free.

Since retirement...

She worshipped at the URC Deep down in Wallington The job of assistant treasurer Was one thing that spurred her on. Her zest for life and love for God Were to be her sure foundation And her omni present laughter Pervaded every situation. Despite her trouble hearing She'd be cheerful all the while And with all those she encountered She always wore a smile.

She continued helping others Until the very week she died Some sick and less than able On Eileen had relied. Laughter was her first motto Throughout her many years Even today... she'd wish you to be cheerful And not shed countless tears... For the journey she's now undertaking Will pass through Heaven's gate Where her loved ones will be waiting And her joy will not abate.

Harold Claridge

29th November 1926 - 5th August 2021

Harold was born in Wordsworth Road, Wallington to Frederick and Amy Claridge. He was one of two sets of twins. His older siblings were Mary and Margery, and his twin was Christine. He was the last survivor in the family as Margery died aged 12, Christine aged 54 and Mary aged 90.

Harold's family were keen Methodists and his father built the present Bandon Hill Church. There are dedications to members of the family in the church - notably the pulpit and the Communion Table.

On leaving school Harold did a Secretarial Course and became a cub reported with the local Herald Newspaper (now defunct) based at Hackbridge. He did his National Service in the Army at the end of the war and served as a Staff Sergeant in India and Ethiopia.

After his demob Harold returned to Wordsworth Road. His next door neighbours were Presbyterians and when he was invited to their daughter's 21st Birthday Party he met a number of members of the Fellowship of Youth (FOY) from that church.

He was persuaded to join FOY and it was there he met Kathleen in 1948, who was 16 at the time. Harold became chairman of FOY with Kathleen as the secretary, they married in 1954.

They had three daughters, Rosalind in 1957, Anna-Lisa in 1962 and Jacqueline in 1966.

Harold became disillusioned with newspaper reporting, feeling it was too intrusive into people's lives, and after a spell of working for the Surrey County Council, in the central purchasing department at Kingston, he began training, in 1958, in London, as a Home Teacher for the blind. This involved teaching Braille and also handicrafts to adults in their own homes. He worked first for the Surrey Voluntary Association for the Blind and then, when the new Greater London Boroughs were formed in 1965, for the London Borough of Sutton, working from the old Town Hall in Wallington. He later took his Certificate of Qualification in Social Work (CQSW) and returned to work for the Surrey Voluntary Association for the Blind from where he retired in 1995.

Harold and Kathleen were both founder members of the Sutton Association for the Blind (founded in 1965) and Kathleen became Chairman until 1999. They were also founder members of Sutton Talking Newspaper, with Harold producing their STN newsletters, as well as being a reader.

From the early 60s both were working with the Friendly Club for the Blind in Sutton and until a few months before his death Harold was President of the Club, with Kathleen as Chairman.

In his retirement Harold volunteered with the Sutton Association for the Blind (now Sutton Vision) in their Resource Centre.

Harold had a great sense of humour. He was a member of the Holmwood Players Drama Group and became its chairman before it closed in the 1990s. He entertained with his monologues and probably his biggest audience was in 2013 when he entertained over 500 passengers on a Norwegian Cruise Ship.

Harold was a member of a number of exercise classes - going back to the days of Lesley Charlton, he was a member of her Aerobics Group and more recently was a member of Sarah's Senior Movers at church. He enjoyed playing table tennis and was a member of Carshalton Beeches, Baptist Church, Social Club.

Christmas time since 2000 saw Harold helping with the Churches Together Christmas Day Lunch, where he entertained with his monologues and acted as Father Christmas for many years.

When his legs started playing him up he enjoyed his 'Friday walk in the park' with Pat, Maggie and Elaine taking it in turns to support him on the walks.

In spite of his busy life he enjoyed his family and was very proud of all their achievements. Fortunately his death did not overshadow the marriage (postponed from 2020 due to Covid) of Katherine on 31st July in Exeter.

Harold died just five days later.

Kathleen Claridge and family would like to thank all those who have expressed their sympathy at this sad time. Harold was a very loving husband, father and grandfather as well as being very outgoing in the community.

Thank you



The churches of Wallington are holding an exciting event in Beddington Park on September 12th at 11 am

This past 18 months has been a challenge for many of us, and we invite you to join us:

...to remember those we have lost (we will invite people to tie a leaf or a ribbon to a tree with their loved one's name on)

...to celebrate all those who have worked hard to support our community during this time

...to hear a message of hope from renowned speaker Frog Orr-Ewing



The event will be opened by the Mayor of

Sutton and our local MP Elliot Colburn will contribute.



Join us in Beddington Park on 12th September at 11am - organised by Holy Trinity Wallington Church, St Patricks Wallington Church & Springfield Church

We will then have a picnic together (food vans available) and a music festival. The event will close with a short message and a praise finale.

WURC Sunday Mornings

As we get used to live services, live readings, and being able to talk to other people a little more easily, it is lovely to say we have started to serve coffee after the Sunday Service once more.

Everyone is very welcome to stay for coffee (or tea) after the service, and have time to catch-up with a few friends.

It has been lovely to see so many of our friends and families at church over a number of weeks.

As people become more confident we look forward to celebrating



^{our} Harvest Festival

with a 'bumper' congregation to celebrate a 'bumper' harvest. We hope you will be able to come to celebrate with us on

19th September.





Caring for you as you care for others

Sutton Carers Centre aims to provide both Young and Adult Carers (children and adults) with free information, advice, practical and emotional support. They run support groups to provide information sharing and an opportunity to meet with people who may have similar experiences. Such as carers of people with learning disabilities. They run workshops and offer advice.

They help carers to ensure they get all the benefits they are entitled to.





CARING FOR YOU AS YOU CARE FOR OTHERS

Centre, to support

James' Marathon Run

Commitment Prayer Partners resource offers for prayers based on 'Life-giving faith, defiant hope, generous

love'. The prayers can be used to help people focus on generosity of mind and spirit.

September: Prayer for Central America



Wendy Cooper

Loving God, you constantly remind us that

all people are made in your image.

Thank you

that as we support the work of our partners, we can put names to faces

and be challenged by their example to be change makers in our lives.

We pray for our partner countries in Central America,

especially as they struggle to cope with the ongoing impact of corona-virus on the most vulnerable.

We give thanks: for the inspiring people working together in projects that are transforming the lives of their communities;

for those speaking out against injustice, motivating others in the fight against corruption and for transparency; and for those training and empowering indigenous young people.

In the love of Jesus, we pray. Amen.





Although the Cake Stall was postponed, we did eventually manage to offer lots of cakes, together with some books and DVDs, to people going along

Stanley Park Road. We had a lovely time chatting to many passers-by, and selling them cakes too!

I would like to say a **BIG** '*Thank You*' to Caroline, who was there to help throughout the day, and to Betty Roberts and Elaine McDowall, who also came along to offer their support.

An extra £140 was raised for The Alzheimer's Society throughout that day.

By the end of July

had been raised for The Alzheimer's Society,

which is a fantastic total.

As we continue to raise money for a local charities by selling face coverings. If you need a new face covering, please feel free to check our stock.

Wear a It's a piece

We now have a couple of baskets with a range of designs and colours for anyone to look through, rather than a selection hanging on the 'Mask Tree'.

'OFF THE RECORD' for the next few weeks. They have a range of free, friendly and accessible support services for young people aged 14-25 who live, work or study in the Borough of Sutton. Free counselling and mental health support is offered to children and young people in Croydon, Merton and Sutton.

The charity was set up in 1994 to help young people going through tough times. Support is offered to young people affected by loss and violence, there is text-based counselling and



workshops for 11-25 year olds, and they offer new projects for boys and young men in Croydon and Merton. Support from Off the Record is primarily for young people; however, from time to time they can offer support to parents or carers in the form of groups or workshops. The work with young people is completely separate and confidential.

Diary Dates			
September			
Sunday	5th	10.30am	Morning servicewith the Sacrament of Holy Communionto be led by Revd Craig Bowman
Sunday	12th	10.30am	Morning service to be led by Rev Bruce Stuart
Sunday	19th	10.30am	Harvest Festival Service to be led by Revd Craig Bowman
Sunday	26th	10.30am	Morning service to be led by Paul Hollingum
October			
Sunday	3rd	10.30am	Morning servicewith the Sacrament of Holy Communionto be led by Revd Craig Bowman
Sunday	10th	10.30am	Morning service to be led by Dr Alan Cruchley

PLEASE NOTE... Articles for the October 2021 issue of Contact should be given to Janet or Robin Willis by Wednesday 22nd September unless a later date has been agreed by prior arrangement. Contributions are very acceptable by e-mail: jmw321wmj @ yahoo.co.uk.

We have continued with the Puzzle Corner in Contact. Please let us have any appropriate feedback.

Do you enjoy the puzzles?

Sudoku Answers for July:

8	9	3	6	5	4	7	1	2
2	ы	7	8	3	1	6	9	4
4	1	6	9	2	7	5	8	3
9	8	5	3	1	6	4	2	7
3	7	2	5	4	9	1	6	8
6	4	1	7	8	2	3	5	9
7	6	8	1	9	3	2	4	5
1	2	9	4	7	5	8	3	6
5	3	4	2	6	8	9	7	1



Bible Quiz: Famous Bible Quotations

	Seek ye first the kingdo ys shall be added unto yo		God, and his; and all these
0	love	\circ	righteousness
\mathbf{O}	justice	\mathbf{O}	peace
2) "_	,	but n	y words shall not pass away."
С	This life	С	All evil
\circ	The sun and moon	0	Heaven and earth
	/erily I say unto you, Inas e done it unto me."	smuch	n as ye have done it unto, ye
О	the righteous O	one o	f the least of these my brethren
\mathbf{O}	the poor and needy C	sinne	rs and saints
4) "F	or God so loved the wor shall not perish but	rld tha	at he gave his one and only Son, that
О	whoever keeps his comm	andm	ents ^O all the nations
О	Christians		O whoever believes in him
5) "H	le that is without sin amo	ong yo	ou, let him"
0	take up his cross and follo	ow me	$e^{-\mathbf{C}}$ enter the kingdom of God
С	be the first among you		O first cast a stone
		nd. It	does not, it does not boast,
O	not proud." (NIV) doubt	o	criticize
0		0	
۔ ا" (7	judge	ina a	envy nd the ending, saith the Lord, which
	nd which was, and which		
$^{\circ}$	the Lord, your God	\circ	first, last and always
С	Alpha and Omega	\circ	the creator and judge
			alone, but by every word that pro-
О	food and drink	\circ	bread
\circ	wine and water	\mathbf{O}	the law

Bible Word Search: Daniel Chapter 1

All the words listed below are in the puzzle - left, right, up, down or diagonally. Find each word and then move the leftover letters in the correct order to form the *mystery answer*.

Achaia, Antioch, Arabia, Assyria, Babel, Beersheba, Berea, Bethel, Bethlehem, Cana, Caria, Cilicia, Corinth, Damascus, Egypt, Elim, Emmaus, Ethiopia, Galilee, Gibeon, Gilead, Greece, Haran, Hatti, Hebron, India, Jaffa, Jericho, Jerusalem, Judah, Lebanon, Lystra, Midian, Moab, Mount Zion, Nineveh, Palestine, Persia, Rome, Samaria, Sinai, Zeredathah, Zorah

Ν	Ν	s	I	N	Α	I	Α	н	С	Α	С	м	z	Α
Α	0	S	Е	N	Р	D	Α	E	L	I	G	J	0	R
I	R	U	N	0	Ν	Α	в	Е	L	R	R	Е	R	т
D	в	Α	0	Е	D	N	в	I	м	Α	Е	R	Α	S
I	Е	м	в	в	Α	т	С	E	Е	м	Е	U	н	Y
М	н	м	Α	I	м	I	L	E	н	Α	С	s	м	L
I	С	Е	I	G	Α	0	Е	н	Е	s	Е	Α	Р	Е
Ν	Α	Е	R	Α	s	С	U	т	L	s	R	L	A	н
D	Ν	L	Α	I	С	Н	в	N	Н	н	Т	Е	L	т
I	Α	I	С	s	U	т	Α	I	т	I	Α	М	E	Е
Α	Ν	L	N	R	s	Ρ	0	R	Е	z	0	т	s	в
Е	в	Α	в	Е	L	Y	М	0	в	R	I	Ρ	Т	Α
R	0	G	R	Ρ	v	G	R	С	I	Α	0	0	I	I
Е	Α	F	F	Α	J	Е	R	I	С	н	0	М	N	Α
в	J	U	D	Α	н	Α	н	т	Α	D	Е	R	Е	Z

		8		5	2		4	
	5		9		4	3		6
	6	9				2		
3	4		7					2
6				4	5			7
1					6		3	4
		6		9			1	
		4	5		1			3
5			2	7		4		9

A sudoku puzzle consists of a 9 by 9 grid. This grid is subdivided into nine 3 x 3 boxes.

Some of the cells in the grid are prefilled with a number between 1 and 9, while many other cells are blank. Your job is to determine the correct number to be entered in each of the empty cells. The numbers 1 to 9 must appear just once in each row, column, and 3 x 3 box.

EVERY WEEK AT WALLINGTON U.R.C.

Times of Worship

Sunday 10.30am Family Service

Activities you can find on our Premises

Monday - Friday 9.15am-1.15pm Holmwood Pre – school

Monday	10.00-11.00am 2.00-4.00pm 4.15-7.30pm 7.45-10.00pm	Yoga Bananas Art Reigate Academy of Dance Explorer Scouts
Tuesday	9.15am-1.20pm 1.40-3.40pm 5.00-6.00pm 6.00-7.30pm 8.00-10.00pm	Hartbeeps (mother and baby activities) U3A Art group Rainbows Brownies (10th Wallington) Epsom Downs Badminton, Winter(Sept-May)
Wednesday	7.30-10.00pm	Chess Club
Thursday	11.00-12.00noon 2.00-4.00pm 2.00-4.00pm 4.20-7.20pm 7.25-10.00pm	Senior Movers Exercise Ladies' Badminton, Winter(Sept-May) Fallen Angels Drama Reigate Academy of Dance Carshalton & Wallington Art Group
Friday	9.30am-12.30pm 6.45-8.30pm	NAS Coffee morning Guides(8th Wallington)
Saturday	8.15-9.45am 9.00-10.00 10.00-12.30pm	Fitness Yoga Zumba



South London Tamil Church (SLTC)

SLTC are also now using our premises for their Sunday services.

Their service starts at 3pm,

and everyone is welcome to join them.