



CONTACT

No. 371

July-August 2023

Wallington United Reformed Church



Dear friends,

Last month I was looking out over the Ionian Sea to Ithaka, the traditional home of one of the ancient Greek heroes of the Trojan war, Odysseus. Whilst on holiday I read a couple of books regarding those ancient and fabled heroes and the gods and demi-gods who surrounded them. Odysseus has always been regarded as one of the cleverest of these heroes, whose quick wit and sharp intellect solved many problems and eventually got him home to his wife and son after 20 years. However it was interesting to read a book which sees another side to this man whose drive for success, quick wit and self-centred nature caused so much harm to those around him. It's sobering when our heroes are seen to have feet of clay.

Ah, you would say, but this is just myth and literature not real life. To a certain extent I would agree with you but one of the things about great literature is that it holds up a mirror to us and our situations. Our world is populated with those who appear heroic in one way or another but are revealed, not only to have feet of clay, but who display traits or undertake actions that dismay us, or worse. One of the great dilemmas, particularly as people of faith who live a life touched by grace, is to know when those failings or foibles are terminal for the role they seek to fulfil and when a new start should be allowed. It is something we see lived out in politics, media and the public eye all the time, as well as when we meet it amongst our friends, family and neighbours.

The other side of this, of course, is when those considered as of little consequence, underwhelming or talentless display acts of bravery, selflessness or inspirational leadership. Here we are reminded that 'the least' can be the greatest, especially in the Kingdom of God. In this season, when we are still recalling the gift of the Holy Spirit, we are reminded that we are all promised 'help from on high' in order that we can act as God would wish. These acts may not be regarded as heroic by many in our world but they may take enormous courage and possibly even inspire those around us.

This Summer may the heroes of our faith inspire you and the Holy Spirit prompt your actions.

Craig Bowman

Answers to the June Quiz:

- | | |
|------------------|------------------------|
| 1. Daisy | 16. Feverfew |
| 2. Bulrush | 17. Marigold |
| 3. Sweet William | 18. Lily of the valley |
| 4. Cowslip | 19. Larkspur |
| 5. Snowdrop | 20. Hollyhock |
| 6. Dandelion | 21. Sweet pea |
| 7. Forget-me-not | 22. Pimpernel |
| 8. Iris | 23. Speedwell |
| 9. Bluebell | 24. Rose |
| 10. Heather | 25. Hyacinth |
| 11. Carnation | 26. Snapdragon |
| 12. Rue | 27. Woodbine |
| 13. Thyme | 28. Orchid |
| 14. Amaryllis | 29. Lady's slipper |
| 15. Sage | 30. Basil |

Our Wider Community

We think of all students and teachers as they come to the end of the summer term. So many different things to look forward to, new classes, new schools and, for some, new experiences. We particularly think of High School students as they come to the end of their weeks of exams, and now await their results.

Heavenly Father, As we come to the end of an academic year, we thank you for giving us the opportunity to be a part of the lives of our students; may they be mindful that their steps make an impact and their words carry power.

We give thanks for the students
And the faculty, the staff,
And all who have contributed
To this year of nurturing and growth.

We affirm all the positive moments,
Of insight, of the excitement of learning,
Of accomplishment, of creativity,
Of laughter, of a sense of community.

As we head into the summer,
May we take with us
The knowledge that
You will keep us all
In your embrace so
We may rest and be restored

We ask your prayers for all who are anxious or unwell and those who are housebound or have any difficulties at this time.

If you have any news of the church family to bring us up to date please contact Alan. 020 8274 2136

Or Email: pastoral@wurc.org.uk

Names will only be shared in the version of Contact which goes to our usual fellowship and not put into the version posted on our website.

Congratulations

Congratulations and our very best wishes to Calum Miller and Lois McLatchie who got married in St Salvator's Chapel at the University of St Andrews on 29th May. They had a lovely sunny day, and we wish them well as they start their new life as a married couple.



The Refreshments at the
Carshalton & Wallington
Art Group Exhibition,
and a cake sale

raised **£340** for the

Alzheimer's Society.

A big thank you to everyone
who was able to support
these events.



“The Big One”, call to “Unite to Survive”

Climate Action Fri '21st – Mon 24th April 2023

The Call from “Extinction Rebellion” for ALL groups, movements to join together outside Parliament.

Churches Together South London had put out the call to us in Sth London to help host church groups coming to London for the event. The main one organized by Christian Climate Action and other groups for all to join a No Faith in Fossil Fuel, Service at St Johns Church, Waterloo and together walk and pray enroute to Parliament. 1400 people arrived!

Christian Climate Action (CCA) communicated the Worship sessions led by different groups, morning and afternoon each day. The Catholic church, C of E, Black Majority churches, Young People.

I went up to Parliament Square on Monday 24th however didn't find CCA to join the worship session at 11am as hoped so happily joined in with NHS Health Workers holding up banners and raising the issue of Climate change impact on our health now and for the future.

I joined Scientists when extremely loud beating of drums alerted to a lively, well, organized noisy march. I was impressed how well the mounted police on horses assisted amid the noise.

I finally located the Faith area with CCA gazebo /stall. Some had travelled for the whole weekend from all over the UK. Many food and campaign group stalls were all around Parliament Square. Music was

everywhere, lively protest chants. A class of school pupils with clip boards obviously there on a fact-finding outing. Extinction Rebellion Marshalls effectively organized with the police the peaceful Marches.

I will happily add my voice again!

Jeanette Hopkins



Commitment for Life

Prayer Partners

URC offer these prayers and images for your services of worship, church magazines etc to encourage and guide your prayer for global justice.

Prayer for Commitment for Life

church contacts and synod advocates

By Wendy Cooper, Eastern Synod Commitment for Life Advocate

Loving God, your love for the world inspires us to take action to seek justice, end poverty and bring hope worldwide, recognising that change starts with all of us.

We bring our thanks and prayers for all Commitment for Life Church contacts and Synod Advocates, recognising that some have had the responsibility for a long time, while others are new to the role.

Be with them as they continue to use every opportunity to share the Commitment for Life message:

encouraging, informing and inspiring response from their churches and synods. May they realise what a difference they are

making, whether by using resources to share the stories of our partners to show how lives are affected by the action we take, publicising online opportunities to learn more and keep in touch, or conversations at events.

May their valued example encourage all churches and synods to find contacts and Advocates so that Commitment for Life is truly the global justice programme of the whole United Reformed Church. Amen



Christian Aid

By Charlotte Scott, from Christian Aid

God of all people, whose image is in all those you have created and whose teaching commands us to love one another, give us the

courage to stand with the most vulnerable and excluded people of the world. Help us to see the situations where there is need:

- - those suffering on the front lines of the climate crisis.
- - those displaced by conflict.
- - those marginalized by unjust systems.



We pray for your love and grace to fill the lives of those who are struggling to thrive through poverty and injustice that they may see change. Empower Christian Aid's partners in their work to respond and give them the tools, knowledge and perseverance to stand alongside the poorest communities. Inspire your Church across the world to look for a more equal division of power and mobilise people to build a movement for change to bring social justice for all. Challenge us to look at ourselves and understand our part in the global systems of injustice; send your Spirit to help us shape our lives and our churches to live out your call to love one another.

We ask all this in the name of Jesus Christ. Amen



After all of our efforts to raise money for Christian Aid

throughout May and June 2023, we have, at Wallington URC reached a final total of over

£400

Many thanks to everyone who could come to the joint service, joined the BIG QUIZ or offered support in any way. Contributions were also sent directly to Christian Aid making the overall total higher than this.

Thank You

The Big Quiz:

A very big thank you to St Andrew's Cheam for hosting the BIG QUIZ on Saturday 17th June, which was organised to raise money for Christian Aid.



We arrived, not knowing how many people would attend, quickly sorted out tables and formed teams of up to 6 people. As more people arrived there was some very speedy re-organisation as more tables were set up, and chairs moved around them. Eventually there were 14 teams from 6 different churches.

We send our grateful thanks to Simon Ellingham, from Sutton Schools Work, for setting the Quiz, and keeping it all running smoothly. A great time was had by all who attended.



The five rounds of the Quiz were first-rate, not too easy, not too hard, with a very good balance of less demanding and more challenging questions.

The raffle offered a fantastic range of prizes, with everyone going home completely satisfied with their final results from the evening. A big thank to everyone as on the night over

£800

was raised for Christian Aid.



Thank You

Tour de Parkinson



BIKE TO BARCELONA

Gill's Cycle to the World Parkinson's Congress in Barcelona

Please remember Jane Miller's sister, Gill, who has Parkinson's Disease. She has undertaken to cycle to Barcelona to raise money for Parkinson's UK. She is aiming to arrive in time

for the World Parkinson's Congress in Barcelona which starts on 4th July. Her cycle buddy, who also has Parkinson's has had to stop and so Gill was alone for a few days until her husband could join her. She was south east of Bordeaux cycling through burnt out forest still smelling of smoke from wild fires.

Prayers for the safe successful completion of this amazing challenge.

Gill's Story: The World Parkinson Coalition® proudly presents the opportunity to support the first ever cycling event to the World Parkinson Congress. Designed by Parkinson's advocates in the community to:

- raise awareness of Parkinson's,
- highlight the importance of exercise for people with PD,
- raise awareness of the World Parkinson Congress.

This is a unique chance to be involved with one of the most exciting international Parkinson's cycling events as we make their way to Barcelona just before the start of the 6th World Parkinson Congress from 4-7 July 2023 in Spain, which by the way is the same day the Tour de France starts in Bilbao, Spain, so cycling will be on everyone's minds!

Some notes from Day 12: On my way and back through the narrow streets of Tonneines where the market was in full swing but I headed out of town and some distance on country roads before the route put me back onto the canal. It was shady at first but later in the day less so....The canal sometimes ran close to the huge Garonne and you could see the stark contrast in colour, best seen where there was a lock entering the river....I stopped in Serignac su Garonne for an extended lunch in the only open restaurant....I had seen some branches down earlier in the day and the flooding but this was nothing like what I was about to encounter. So off I set. I met a couple who said it was passable. Soon I was having to ride around fallen branches and then repeatedly get off to negotiate around trees....Eventually I had had enough and with no end in sight I decided to divert off the canal cycleway and take the road, only to find I had a puncture. My first ever puncture in 57 years! The tyre was not completely flat so I tried pumping it up which seemed to work, though in the heat and with weak arms it was hard work....will just have to survive till the accom. Then I spot McDonald's hurrah. Three ice cold drinks and chicken nuggets later I am on my way. Pumped up tyre a couple more times and arrive at 9.30! Puncture repair can wait till tomorrow!

To read more of Gill's cycling adventure, and if you would like to support her, please go to

<https://www.justgiving.com/fundraising/gill-shawcycling?checkoutMode=Headless>

Summer suns are glowing

A well-know 'Summery' Hymn

by William Walsham How* (1823-1897). This was one of four seasonal hymns written by How (one on spring in collaboration with his sister Frances Jane, later Frances Jane Douglas, 1829-1899) for inclusion in the SPCK Church Hymns (1871) which he co-edited with John Ellerton*: the others were 'For all Thy love and goodness, so bountiful and free', on spring; 'The year is swiftly waning', on autumn; 'Winter reigneth o'er the land', on winter. Each uses the season to draw a simple moral. 'Summer suns are glowing' is by far the most popular. It had four stanzas: Summer suns are glowing Over land and sea, Happy light is flowing Bountiful and free.

William Walsham How was an English Anglican bishop. Known as Walsham How, he was the son of a Shrewsbury solicitor; How was educated at Shrewsbury School, Wadham College, Oxford and University College, Durham.

**Summer suns are glowing
Over land and sea;
Happy light is flowing,
Bountiful and free;
Everything rejoices
In the mellow rays;
Earth's ten thousand voices
Swell the psalm of praise.**

**God's free mercy streameth
Over all the world,
And His banner gleameth,
By His church unfurled;
Broad and deep and glorious,
As the heaven above,
Shines in might victorious
His eternal love.**

**Lord, upon our blindness
Thy pure radiance pour;
For Thy loving kindness
We would love Thee more;**

**And when clouds are drifting
Dark across the sky,
Then, the veil uplifting,
Father, be Thou nigh.**

**We will never doubt Thee,
Though Thou veil Thy light;
Life is dark without Thee,
Death with Thee is bright;
Light of light, shine o'er us
On our pilgrim way;
Go Thou still before us
To the endless day.**

William W. How (b. Shrewsbury, Shropshire, England, 1823; d. Leenane, County Mayo, Ireland, 1897) studied at Wadham College, Oxford, and Durham University and was ordained in the Church of England in 1847. He served various congregations and became Suffragan Bishop in east London in 1879 and Bishop of Wakefield in 1888. Called both the "poor man's bishop" and "the children's bishop," How was known for his work among the destitute in the London slums and among the factory workers in west Yorkshire. He wrote a number of theological works about controversies surrounding the Oxford Movement and attempted to reconcile biblical creation with the theory of evolution. He was joint editor of *Psalms and Hymns* (1854) and *Church Hymns* (1871).

According to the *Times* he was offered but refused the Bishopric of Durham, though it is counted among the great prizes of the English Church. Bishop How was the author of *Pastor in Parochia*, a wise and much valued manual for ministers, and of many other theological works. Of all recent hymnists his name appears most frequently in hymn-books, attached to hymns in constant use.

In a paper on the question "What constitutes a good hymn?" the Bishop gives this view: "A good hymn is something like a good prayer—simple, real, earnest, and reverent."

Diary Dates			
July			
Sunday	2nd	10.30am	Morning service...with the Sacrament of Holy Communion...to be led by Revd Craig Bowman
Sunday	9th	10.30am	Morning service...to be led by Alan or Phil
Sunday	16th	10.30am	Morning service...to be led by Revd Craig Bowman
			Followed by Church Meeting and AGM
Sunday	23rd	10.30am	Morning service...to be led by Alan or Phil
Sunday	30th	10.30am	Morning service...to be led by Revd Craig Bowman
August			
Sunday	6th	10.30am	Morning service...with the Sacrament of Holy Communion...to be led by Revd Craig Bowman
Sunday	13th	10.30am	Morning service...to be led by Phil
Sunday	20th	10.30am	Morning service...to be led by Revd Craig Bowman
Sunday	27th	10.30am	Morning service...to be led by Alan

PLEASE NOTE...Articles for the September 2023 issue of Contact should be given to Janet or Robin Willis by **Thursday 24th August** unless a later date has been agreed by prior arrangement. Contributions are very acceptable by e-mail: [jmw321wmj @ yahoo.co.uk](mailto:jmw321wmj@yahoo.co.uk).

Sudoku Answers
for June:

2	3	9	8	4	7	6	1	5
6	7	4	2	1	5	8	3	9
1	5	8	6	3	9	7	2	4
8	9	5	7	2	4	3	6	1
3	1	2	5	9	6	4	8	7
7	4	6	3	8	1	9	5	2
9	2	3	1	7	8	5	4	6
5	8	7	4	6	2	1	9	3
4	6	1	9	5	3	2	7	8

Summer Puzzle Corner

J	U	N	E	S	T	S	S	S	S	Y	K	S	E	U	L	B	M
U	S	M	E	A	U	Y	E	O	U	H	I	K	I	N	G	S	A
S	M	W	E	E	A	N	L	U	B	N	W	A	S	E	Y	R	E
U	T	W	I	R	R	S	G	I	C	A	B	L	N	A	R	E	R
N	S	H	V	M	T	C	C	L	T	E	A	U	D	T	V	L	C
T	Y	U	G	I	M	Y	S	E	A	D	B	I	R	S	S	K	E
A	G	L	C	I	C	I	R	N	N	S	L	R	R	N	D	N	C
N	R	E	U	L	F	M	N	A	U	O	S	E	A	R	G	I	I
O	E	A	E	J	E	R	S	G	H	S	W	E	A	B	N	R	C
S	E	D	A	L	B	R	E	L	L	O	R	O	S	R	I	P	R
C	N	A	O	F	L	O	G	T	L	T	B	T	E	E	T	S	E
H	G	N	I	H	S	I	F	F	A	E	O	A	E	E	A	H	C
O	R	C	A	M	P	I	N	G	T	W	T	H	B	Z	O	C	C
O	A	C	I	N	C	I	P	A	W	A	S	P	S	E	B	A	O
L	S	F	L	I	E	S	K	M	O	S	Q	U	I	T	O	E	S
T	S	U	G	U	A	S	I	L	L	A	B	E	S	A	B	B	O
G	N	I	N	E	D	R	A	G	S	U	N	S	H	I	N	E	N

SUMMER Word Search:

Find all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

Ants. August, Barbecue, Baseball, Beach, Bees, Bicycle, Blue Sky, Boating, Breeze, Camping,

Fishing, Flies, Flowers, Gardening, Golf, Green Grass, Hat, Hiking, Holidays, Hot, Ice Cream, July, June, Mosquitoes, No School, Picnic, Roller Blades, Sandals, Skateboard, Soccer, Solstice, Sprinklers, Sunburn, Sunglasses, Sunscreen, Sunshine, Suntan, Sweat, Swimming, U V Rays, Wasps, Water Fights, Watermelon.

Word Building:

Answer each clue so that every word contains the same letters as the previous word, plus or minus one.

Lubricant
Open-air pool
Heroes
Dirtied
Slip
Lazy
Cover

Word Building:

Answer each clue so that every word contains the same letters as the previous word, plus or minus one.

Take to court

Snooker rods

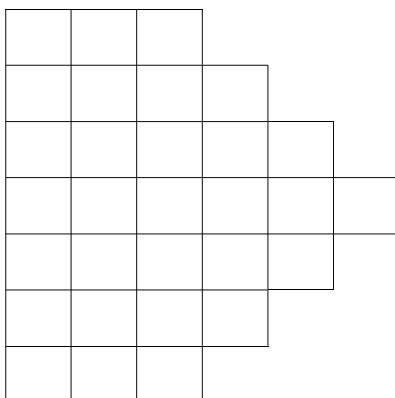
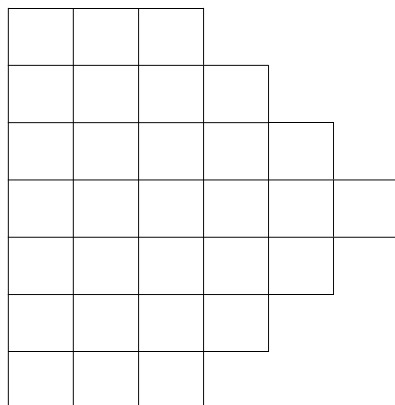
Hints

Stipulation

Magnitude

Delicate fabric

Beer



Payment

Line of rocks

Liberates

Decay

Laconic

Remainder

Group

A sudoku puzzle consists of a 9 by 9 grid. This grid is subdivided into nine 3 x 3 boxes.

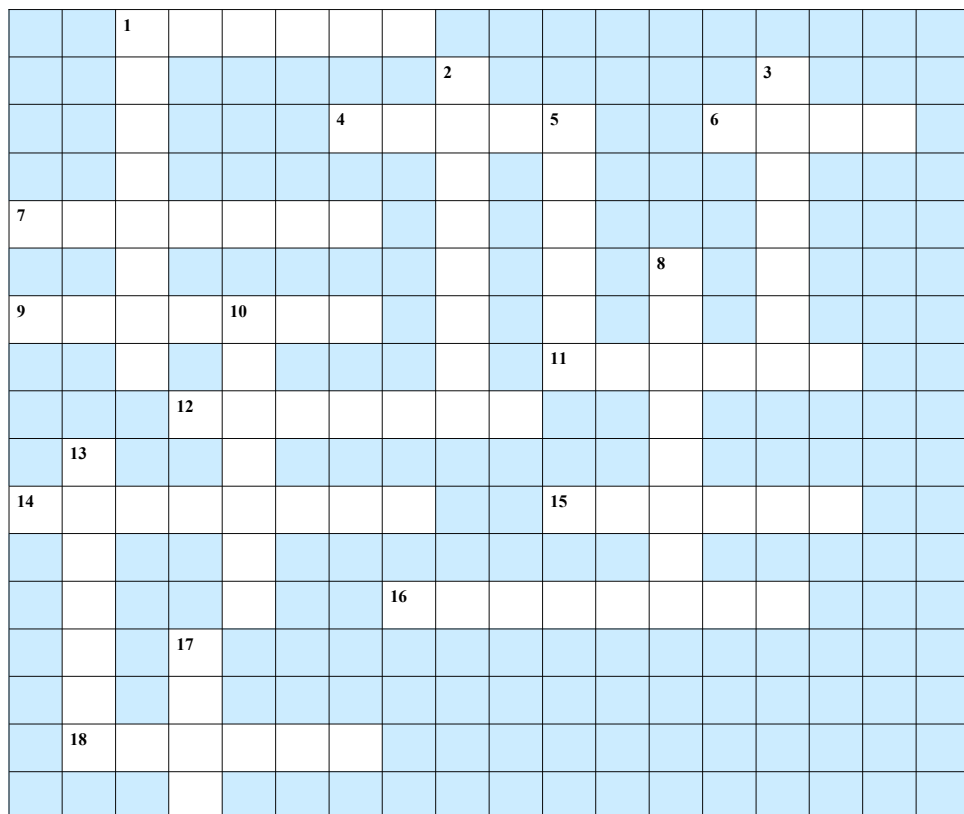
Some of the cells in the grid are prefilled with a number between 1 and 9, while many other cells are blank.

Your job is to determine the correct number to be entered in each of the empty cells.

The numbers 1 to 9 must appear just once in each row, column, and 3 x 3 box.

	4			5		9		2
	6	1	4		3		7	
			2	6				3
		8			9	5	1	4
3			5	7				8
4	9	5				3		
9				1	2			
	8	6			7	2	3	
		4		3				9

Summer Crossword



Across:

1. Beachgoer's pride (6)
4. Surfer's hangout (5)
6. Dog days month (4)
7. Rod and reel sport (7)
9. Disk you whisk (7)
11. Make a bed? (6)
12. Roughing it, perhaps (7)
14. Treat on a stick (8)
15. Alfresco meal (6)
16. Parlour treat (8)
18. Bermuda _____ (6)

Down:

1. Beach attire (8)
2. Worker's respite (8)
3. Not indoors (7)
5. Tramping on the trail (6)
8. Outdoor cooked (8)
10. Lake activity (7)
13. Ballpark fare (7)
17. Summer cooler (4)

EVERY WEEK AT WALLINGTON U.R.C.

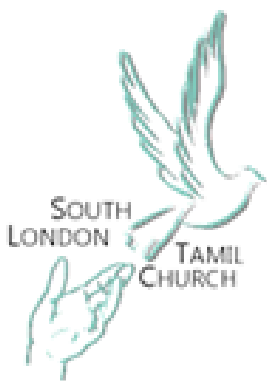
Times of Worship

Sunday 10.30am Family Service

Activities you can find on our Premises

Monday - Friday 9.15am-1.15pm *Holmwood Pre – school*

Monday	10.00-11.00am	Yoga
	2.00-4.00pm	Bananas Art
	7.00-8.00pm	Yoga
	7.45-10.00pm	Explorer Scouts
Tuesday	9.15am-1.20pm	Hartbeeps (mother and baby activities)
	10.00-11.00	Pilates
	1.40-3.40pm	U3A Art group
	5.00-6.00pm	Rainbows
	6.00-7.30pm	Brownies (10th Wallington)
	8.00-10.00pm	Epsom Downs Badminton, Winter(Sept-May)
Wednesday	10.30-11.30am	Baby Massage
	7.30-10.00pm	Chess Club
Thursday	10.00-11.00	Pilates
	11.00-12.00noon	Senior Movers Exercise
	1.15-3.15pm	Lace Making
	2.00-4.00pm	Ladies' Badminton, Winter(Sept-May)
	2.00-4.00pm	Fallen Angels Drama
	7.25-10.00pm	Carshalton & Wallington Art Group
Friday	9.30am-12.30pm	NAS Coffee morning (monthly)
	9.30am-3.00pm	Reading Fairy Sutton
	6.45-8.30pm	Guides(8th Wallington)
Saturday	8.45-9.45am	Fitness
	10.00-12.15pm	Zumba



South London Tamil Church (SLTC)

**SLTC invite you to join
them for their
Sunday service which
starts at 3pm.**

Everyone welcome!